alzheimer's Ω association

Oklahoma Chapter Support Groups

- Please contact facilitator of group before attending for the first time
- Visit <u>alz.org/crf</u> (<u>CommunityResourceFinder.org</u>) to register for a group near you, or call (800) 272-3900
- All groups are for caregivers unless otherwise noted

| Group Name and Schedule | Location | Facilitator(s) | | | |
|--|--|--|--|--|--|
| Mondays | Mondays | | | | |
| Virtual 1st and 3rd Monday 10:30AM to 11:30AM | Virtual Support Group Contact Facilitator for Zoom information | Annette Wallace (918) 645-7853 awallacelpc@aol.com Co-Facilitator: Martha Rains | | | |
| Bixby 2nd Monday 10:30AM to 12:00PM | Evergreen Baptist Church 10301 E 111th St S Bixby, OK 74008 | Annette Wallace (918) 645-7853 awallacelpc@aol.com Co-Facilitator: Martha Rains | | | |
| Edmond 2nd Monday 7:00PM to 8:30PM | Santa Fe Presby Church 1603 N Santa Fe Ave Edmond, OK 73003 | Martha McNeese (405) 740-0773 marthncm@cox.net Co-Facilitator: Cindy Thomas | | | |
| Tuesdays | | | | | |
| Edmond 1st Tuesday 6:30PM to 8:00PM | Memorial Rd Church of Christ 2221 E Memorial Rd Edmond, OK 73013 | Dawn Hemphill (580) 528-1024 dawn.hemphill@gmail.com | | | |
| Norman East 1st Tuesday 12:00PM to 1:15PM | Community Service Bldg 1183 E Main St Norman, OK 73071 | Dr Andrea Clark (405) 514-5353 fairydoc@hushmail.com | | | |
| Midwest City Hybrid 1st and 3rd Tuesday 6:00PM to 7:00PM | Midwest City Sr Ctr 8251 E Reno Ave Midwest City, OK 73110 Or contact facilitator for Zoom information | Athena Parker (405) 535-4027 athenajparker@gmail.com | | | |
| Edmond 2nd Tuesday 6:30PM to 7:30PM | Tealridge Independent Living 2100 NE 140th St Edmond, OK 73013 | Herb Magley (405) 531-1030 hmagley@cox.net | | | |
| Owasso 2nd Tuesday 5:30PM to 7:30PM | New Heights Church 106 N Main St Owasso, OK 74055 | Becky Garoutte (918) 260-4933 2garouttes@att.net | | | |

alzheimer's % association

Oklahoma Chapter Support Groups

| Group Name and Schedule | Location | Facilitator(s) |
|---|---|--|
| Tuesdays (cont') | | |
| Oklahoma City 3rd Tuesday 3:00PM to 4:30PM | Church of the Servant 14343 N MacArthur Blvd Oklahoma City, OK 73142 | Rev. Tim Travers ttravers@churchoftheservant.com (405) 7284738 |
| Virtual 3rd Tuesday 6:00PM to 7:00PM | Virtual Support Group Contact Facilitator for Zoom information | Amanda Dirmeyer (405) 233-3531 amanda@dlcok.org |
| Tulsa 3rd Tuesday 3:00PM to 4:00PM | The Linden at Stonehaven Squ 10802 E 81st St Tulsa, OK 74133 | Kenneth Sickler (918) 203-0210 ksickler@leisurecare.com Co-Facilitator: Amy Haggard |
| Stillwater Central 4th Tuesday 4:30PM to 5:30PM | St. Andrew's Episcopal Church 516 W 3rd Ave Stillwater, OK 74074 | Valerie Bloodgood (405) 377-8012 vbloodgood@stillwater-medical.org |
| Owasso 4th Tuesday 5:30 to 7:30PM | Owasso Community Ctr 301 S Cedar St Owasso, OK 74055 | Becky Garoutte (918) 260-4933 2garouttes@att.net Co-Facilitator: Connie Garrett |
| Oklahoma City Last Tuesday 5:00PM to 6:30PM | Well Preserved Advisory Group 4800 N Mayfair Dr Oklahoma City, OK 73112 | Keri Dennis (405) 848-5790 keri@wellpreserved.info |
| Wednesdays | | |
| Virtual 1st and 3rd Wednesday 6:00PM to 7:30PM | Virtual Support Group Contact Facilitator for Zoom information | Herb Magley (405) 531-1030 hmagley@cox.net |
| Bartlesville 1st and 3rd Wednesday 3:00PM to 4:00PM | Bartlesville First Church 4715 Price Rd Bartlesville, OK 74006 | Patti Lundeen (832) 541-6059 pattilundeen@gmail.com Co-Facilitator: Ann Woodin |
| Norman West 2nd Wednesday 1:00PM to 2:00PM | Rivermont Assisted Living 750 Canadian Trails Dr Norman, OK 73072 | Stacy Olson stacy.olson@legendseniorliving.com 405-360-6056 Co-facilitator: Alta Rose |

alzheimer's % association

Oklahoma Chapter Support Groups

| Group Name and Schedule | Location | Facilitator(s) | | | |
|---|--|---|--|--|--|
| Wednesdays (cont') | Wednesdays (cont') | | | | |
| Oklahoma City Hybrid For Early Stage Caregiver 2nd and 4th Wednesday 6:00PM to 7:30PM | Alzheimer's Assoc Office 6601 Broadway Ext Ste 120 Oklahoma City, OK 73116 OR Contact Facilitator for Zoom information | Herb Magley (405) 531-1030 hmagley@cox.net | | | |
| Oklahoma City Hybrid For Early Stage Person with Dementia (PWD) 2nd and 4th Wednesday 6:00PM to 7:30PM | Alzheimer's Assoc Office 6601 Broadway Ext Ste 120 Oklahoma City, OK 73116 OR Contact Facilitator for Zoom information | Judit Schifferdecker (405) 401-7245 juditschifferdecker@me.com | | | |
| Oklahoma City NW 2nd and 4th Wednesday 5:30PM to 7:30PM | Maps 3 Health and Wellness 11501 N Rockwell Ave Oklahoma City, OK 73162 | Tim Smith (405) 824-8801 tsmith@firstlighthomecare.com Co-Facilitator: Darcy Collins | | | |
| Norman Central 3rd Wednesday 11:30AM to 1:00PM | McFarlin UMC 419 S University Blvd Norman, OK 73069 | Stephanie Miller smiller@mcfarlinumc.org (405) 321-3484 Co-facilitator: Carol Dean Schreiner | | | |
| Thursdays | | | | | |
| Virtual Grief Support Group: Life After Caregiving 1st Thursday 1:00PM to 2:00PM This unique support group is designed for those who have lost their loved ones that were living with dementia. | Contact Facilitator for Zoom information | Peggy Marsh (918) 232-4906 peggymarsh0@gmail.com | | | |
| Oklahoma City 1st and 3rd Thursday 1:00PM to 2:00PM | Epworth Villa 14901 N Pennsylvania Ave Oklahoma City, OK 73134 | Nancie Webb (405) 812-7130 nanciecwebb@gmail.com Co-Facilitator: Natalia Smith | | | |
| Tulsa 2nd and 4th Thursday 1:00PM to 3:00PM | Asbury United Methodist Church 6767 S Mingo Tulsa, OK 74133 | Peggy Marsh (918) 232-4906 peggymarsh0@gmail.com | | | |

alzheimer's % association

Oklahoma Chapter Support Groups

| Group Name and Schedule | Location | Facilitator(s) | | |
|--|---|--|--|--|
| Thursdays (cont') | | | | |
| Yukon South Hybrid 2nd and 4th Thursday 6:00PM to 7:00PM | South Yukon Church of Christ 11700 NW 10th St Yukon, OK 73099 OR Contact Facilitator for Zoom information | Donna Rourke (405) 630-0410 jt.grammie@cox.net | | |
| Edmond 3rd Thursday 3:00PM to 4:30PM | Memorial Road Church of Christ 2221 E Memorial Rd Edmond, OK 73013 | Denise Hawkins (405) 659-6633 dh.mediamatch@cox.net | | |
| Tulsa 3rd Thursday 3:00PM to 4:00PM | Trinity Woods 4134 E 31st St Tulsa, OK 74135 | Victoria White-Treiber (918) 510-3050 vtreiber@trinitywoodstulsa.com Co-facilitator: Lori Johnson | | |
| Virtual 4th Thursday 4:30PM to 5:30PM | Contact Facilitator for Zoom information | Debbie Wilkins (918) 794-1962 dwilkins@saintsimeons.org | | |
| Fridays | | | | |
| Tulsa Men's Caregiver Group 1st Friday 1:30PM to 2:30PM | Christ Church Episcopal 10901 S Yale Ave Tulsa, OK 74137 | Dave Zucconi (918) 663-9144 davegz_2000@yahoo.com | | |
| Saturdays | | | | |
| Guthrie 2nd and 4th Saturday 9:00AM to 11:00AM | Community Church 512 E Seward Rd Guthrie, OK 73044 | Susan Swart (405) 361-2121 susan@communitychurch.tv | | |
| Sundays | | | | |
| Edmond 1st and 3rd Sunday 4:00PM to 5:30PM | First Christian Church 201 E 2nd St Edmond, OK 73034 | Herb Magley (405) 531-1030 hmagley@cox.net | | |
| Bethany 4th Sunday 5:00PM to 6:00PM | Bethany First Church of the Nazarene 6789 NW Expressway Edmond, OK 73008 | Herb Magley (405) 531-1030 hmagley@cox.net | | |